



## PREREQUISITES FOR SWIM AND DIVE TEAM

**Swim Team:** Children as young as six are welcome to join the swim team if they are “water ready” and willing to swim. This should not be confused with swim lessons. A child must be able to swim the length of the pool independently. If your child is under six but would like to join the team, an evaluation will be conducted by the Head Swim Coach to determine if a child has the necessary skills to participate in team practices and meets. If a child is “water ready” but unable to swim the minimum distance at the end of one (1) week of practice, the child will be asked to participate in swim lessons. Children will not be entered in meets until they have demonstrated consistent ability to swim the length of the pool independently.

**Dive Team:** Children as young as four are welcome to join the dive team if they are “water ready” and willing to independently jump off the diving board into deep water and swim to the side. The Head Dive Coach will decide if a child is ready to participate in dive team practices and meets.

## PARENT RESPONSIBILITIES

**Parent participation is vital to the success of our SWIM and DIVE team. We literally cannot do it without you.**

As such, it is expected that parents sign up to help at meets. The intent is that no family is required to work more than three meets, but if we are short on volunteers you will be asked to work additional shifts. One shift is defined as working half of a meet. A schedule of workers will be published prior to each swim and dive meet. **If you are unable to work at your scheduled time, it is your responsibility to find a replacement.** If jobs are not filled prior to the meet, the swim & dive coordinators will assign workers. Failure to complete your volunteer duties will result in a fee of \$75 to be paid prior to A and B Championships. If you have an 8 & under swimmer, you are responsible for ensuring they are ready to swim at their scheduled time.

## SWIM MEET EXPECTATIONS

The goal of our Summer Swim & Dive Team is to teach our young swimmers the proper stroke technique, be competitive vs. other clubs, and have lots of fun! Our intent is that each swimmer has an opportunity to swim in at least two individual events and one relay at each meet. **PPSL rules dictate that swimmers are only allowed to participate in two individual events and two relays per meet.** While nothing is guaranteed, we will do our best to ensure each swimmer participates in as many events as possible. It is critical that we know ahead of time if your child will be participating in a meet. We use Team Unify to declare swimmer participation in meets. You will be asked to sign up for meets online (1) week before each meet. If you don't sign up in time, we cannot guarantee your child will be entered in any events. Our goal is to have heat sheets complete a full day before the meet so that we can load everything in our system and send out ahead of the meet. While there is always the chance of last-minute changes, we are hoping to minimize them this year.

'A' Finals participants will be determined by the coach and are based on previous meet results. The goal is to send our top swimmers.